<!DOCTYPE html>

<html lang="ru">

<head>

<meta charset="UTF-8">

<title>Контакты</title>

<meta name="viewport" content="width=device-width, initial-scale=1">

<style>

body {font-family: system-ui, -apple-system, Arial; margin: 0; padding: 20px;}

nav a {margin-right: 10px;}

form {max-width: 420px;}

input, textarea, button {width: 100%; margin: 8px 0; padding: 10px;}

</style>

</head>

<body>

<h1>Свяжитесь с нами</h1>

<form action="#" method="POST">

<input type="text" name="name" placeholder="Ваше имя" required>

<input type="email" name="email" placeholder="Ваш email" required>

<textarea name="message" placeholder="Ваше сообщение" rows="5"></textarea>

<button type="submit">Отправить</button>

</form>

<nav>

<a href="index.html">Главная</a>

<a href="about.html">О нас</a>

<a href="contact.html">Контакты</a>

</nav>

</body>

</html>